



Public Health
Prevent. Promote. Protect.

Douglas & Pope Counties Environmental Health

725 Elm Street, Suite 1200
Alexandria, MN 56308
FAX: 320-762-3025

Todd Appel, Registered Sanitarian, 320-763-4437
Kasey LaSota, Registered Sanitarian, 320-762-2986

TO: All Establishments of Douglas & Pope Counties

FROM: Todd Appel, Registered Sanitarian

RE: Hair Restraints

The Food Code States:

Food Employees shall wear hair restraints such as hats, hair coverings or nets, beard restraints, and clothing that covers body hair, that are designed and worn to effectively keep their hair from contacting exposed food, clean equipment, utensils, and linens, and unwrapped single-service and single-use articles. Hair spray is not an acceptable hair restraint.

This section does not apply to food employees such as counter staff who only serve beverages and wrapped or packaged foods, hostesses, and wait staff if they present a minimal risk of contaminating exposed food, clean equipment, utensils, and linens, and unwrapped single-service and single-use articles.

Any questions regarding this matter may be directed to Todd Appel, Registered Sanitarian, 320-763-4437 or Kasey LaSota, Sanitarian, 320-762-2986.

TA/mjh