



Public Health
Prevent. Promote. Protect.

THE TOILET PAPER

APRIL 2010

Catch A Child Being Good

Try giving specific, positive attention to the behaviors you WANT to see, and less time telling a child what he/she should NOT do.

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DOUGLAS COUNTY
PUBLIC HEALTH
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CHILD ABUSE PREVENTION

YOU CAN DO SMALL THINGS EVERY DAY TO HELP CHILDREN HAVE HAPPY, SAFE LIVES.

						1 Start planting a garden 
2 Make your own personal flag	3 Go for ice cream 	4 Dance around the house	5 Ask for your child's opinion 	6 Blow bubbles	7 Jump like a frog 	8 Visit a museum
9 Have a picnic 	10 Discuss family plans for emergencies	11 Laugh a lot today 	12 Make funny faces in the mirror	13 Try a new vegetable 	14 Read a book	15 Go to the playground 
16 Look for figures in the clouds	17 Go to the library 	18 Ride bikes	19 Color a picture 	20 Learn about a new culture	21 Rent a movie 	22 Fly a kite
23 Play soccer 	24 Practice crossing the street safely	25 Prepare a special meal 	26 Donate old toys to charity	27 Make paper airplanes 	28 Go roller skating	29 Learn 5 new words 
30 Bake cookies and decorate						