

Influenza-like Illness Symptom Screening Tool for Employees

Employees should use the following questionnaire to assess their health status on a daily basis.

Do you have :

1. Fever (100°F or greater)? Yes No (take temperature before giving fever reducing medicine)
2. Sore Throat? Yes No
3. Cough? Yes No

SHOULD I STAY HOME?

- If you checked yes to fever AND one of the other symptoms, you should stay home for at least 24 hours after your fever is gone without fever reducing medicine. For many people this will be 5 to 7 days. You should feel well enough to work before returning. If you have questions about your health or symptoms, call your healthcare provider.
- If you have been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation for when to return to work.

WHAT SHOULD I TELL MY EMPLOYER?

- If you checked "yes" for fever AND one of the other symptoms, tell your employer that you are home with influenza-like illness.
- If you have been diagnosed by a healthcare provider with a different disease, such as strep, tell your employer.
- No personal information about you, including your name, will be shared outside of the work place.